



## A low protein, high energy chocolate flavoured bar

Can be used as a snack or  
as an ingredient in recipes.



Vitabite™ can be used in many ways to add variety, fun and energy to your diet. It can be eaten as a bar or melted, frozen, microwaved or grated.

## Here are some suggestions - have fun!

Melting Vitabite couldn't be easier. Break up into a bowl, then either microwave or carefully place in a bowl over a pan of boiling water. Stir until melted.



## Vitabite Sweet Treats

Pour melted Vitabite into into different moulds, refrigerate or freeze for one hour and turn out once set.



# Vitabite™

## Hot Chocolate Flavour Drink

Stir the Vitabite into **PROZERO™** to make a delicious hot treat.



# Vitabite™

## Crispy Cakes

Mix with permitted amount of puffed rice cereal or other cereals, spoon into small cake cases and leave to cool.



# Vitabite™

## Buttons

Using a teaspoon, drip small drops onto a non-stick tray and leave to set in the fridge.



## **Vitabite™ Biscuits**

Use as an ingredient  
or coat permitted  
biscuits or cakes.



## **Vitabite™ Fruits**

Coat small pieces of  
permitted fresh fruit and  
make a special dessert.



## **Vitabite™ Ice Lollies**

Great for sunny days. Dip  
a permitted ice lolly into  
melted Vitabite and keep in  
the freezer or look out for  
our Vitabite ice lolly recipe.