You and your dietitians challenged Vitaflo to design a ‘no fuss’ powder that is...

- Quick and easy to make
- Flexible and gives you a choice of volume and flavour
- Discreet and light to transport
- Convenient to fit in to your busy life

Introducing PKU express...

A powdered protein substitute in convenient pre-measured sachets

✔ Easy to carry around and take to school or work.

✔ Two pack sizes, 15g and 20g protein equivalent sachets giving you the choice to take more or less frequently throughout the day.

✔ A variety of flavour options to mix and match so there is something for everyone to enjoy

Unflavoured • Lemon • Orange • Tropical.

Add separate Blackcurrant or Raspberry FlavourPac sachets for even more flavour choices

There are three ways to make up PKU express...

Simply empty the sachet into your beaker (add a separate FlavourPac sachet to unflavoured express if required), add water and shake.

Try all the flavours to see which is your favourite!

express paste
A few spoonfuls and it’s gone
1 express sachet + 10 - 20ml of water

express mini drink
Great if you want to take it quickly
1 express sachet + 80 - 100ml of water

express flexi drink
Make it to your own taste and volume
1 express sachet + as much water as you like. Over time you can reduce the amount of water you add.

Remember to take water or permitted drinks after PKU express.